



## CV

Dr Esther Sobanski holds a board certification both in general and child / adolescent psychiatry and psychotherapy and is associate professor of child and adolescent psychiatry. She heads the clinical research group on adult ADHD at the Central Institute of Mental Health in Mannheim, where she has published extensively in the field. Her research has encompassed the clinical and psychosocial features of ADHD, as well as pharmacological and psychotherapeutic interventions and neuropsychological topics. She is a member of the European Adult ADHD Network, aiming to increase awareness of this disorder and improve knowledge and patient care by providing education and establishing research links.

## Selected publications

**Sobanski E**, Döpfner M, Ose C, Fischer R (2013) A non-interventional study of extended-release methylphenidate in the routine treatment of adolescents with ADHD: Efficacy, safety and adherence to treatment. *Attention Deficit Hyperactivity Disorder*. [Jun 23. Epub ahead of print]

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Krause-Utz, A, **Sobanski E**, Alm B, Kleindienst N, Bohus M, Schmahl C (2013) Impulsivity under non-stress and stress conditions in borderline personality disorder with and without comorbid attention deficit hyperactivity disorder. *J Nervous and Mental Disease* 201 (2): 116-123

**Sobanski E**, Sabljic D, Alm B, Dittmann RW, Wehmeier PM, Skopp G, Strohbeck-Kühner, P (2012) Driving performance in adults with ADHD: Results from a randomized, waiting-list controlled trial with atomoxetine. *European Psychiatry*. [Oct 9. Epub ahead of print]

Buitelaar J, **Sobanski E**, Stieglitz R, Dejonckheere , Schäuble B (2012) Predictors of Placebo Response in Adults with Attention Deficit Hyperactivity Disorder: Data from 2 Randomized Trials of OROS Methylphenidate. *J Clin Psychiatry* 73(8):1097-102

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**Sobanski E**, Banaschewski T, Asherson P, Buitelaar J, Chen W, Franke B, Holtmann M, Krumm B, Sergeant J, Sonuga-Barke E, Stringaris A, Taylor E, Anney R, Ebstein RP, Gill M, Miranda A, Mulas F, Oades RD, Roeyers H, Rothenberger A, Steinhausen HC, Faraone SV (2010) Emotional lability in children and adolescents with attention deficit/hyperactivity disorder (ADHD): clinical correlates and familial prevalence. *Journal of Child Psychology and Psychiatry*. 51 (8) 915 -23

**Sobanski E**, Sabljic D, Alm B, Skopp G, Kettler N, Mattern R, Strohbeck-Kühner P Kühner P. (2008) Driving-related risks and impact of methylphenidate treatment on driving in adults with ADHD. *Journal of Neural Transmission* 115 (2): 347-356

**Sobanski E**, Brüggemann D, Alm B, Kern S, Philipsen A, Schmalzrid H, Heßlinger B, Waschowski H, Rietschel M (2008) Subtype differences in adults with attention- deficit / hyperactivity disorder (ADHD) with regard to ADHD-symptoms, psychiatric comorbidity and psychosocial adjustment. *European Psychiatry* 23: 142-149

**Sobanski E**, Schredl, Kettler N, Alm B (2007) Sleep in adults with attention-deficit / hyperactivity disorder (ADHD) before and during treatment with methylphenidate: a controlled polysomnographic study. *Sleep* 31 (3): 375-381